

# Minnesota Health Resources during COVID-19 Pandemic

State Health Access Data Assistance Center  
University of Minnesota | School of Public Health  
Division of Health Policy and Management

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# Resources for Individuals Experiencing Pandemic Hardships

## 1) Subsidized Health Insurance

- Medical Assistance (Medicaid)
- MinnesotaCare
- MNSure Marketplace

## 2) Minnesota Unemployment Insurance

## 3) United Way and Mental Health Resources

# Medical Assistance - MA (Medicaid)

- Medicaid provides health insurance to people with low incomes and people with disabilities
- Medicaid is administered by the state Department of Human Services, and jointly financed by the state and the federal government
- Who is eligible
  - All childless adults under age 65 (one of the Medicaid expansion populations)
  - Parents and caretakers
  - Pregnant women
  - Infants to and children aged 20
  - Individuals who have a disability or are blind
  - Elderly 65+ who are dually eligible for MA and Medicare
- Income eligibility thresholds in terms of the percent of Federal Poverty Guidelines (FPG) vary by subpopulation

## Where and How to Apply:

Online through MNSure:

[https://auth.mnsure.org/RIDP/?account\\_type=Individual](https://auth.mnsure.org/RIDP/?account_type=Individual)

Get help applying by calling 855-366-7873

County office listing here: <https://mn.gov/dhs/people-we-serve/adults/health-care/health-care-programs/contact-us/county-tribal-offices.jsp>

# MinnesotaCare

- MinnesotaCare is a sliding-fee-scale Minnesota health insurance program for people with low and moderate incomes
- Who is Eligible
  - Those who have too high of an income for Medical Assistance but are below 200 percent of Federal Poverty Guidelines (FPG)

Where and How to Apply:

Online through MNSure:

[https://auth.mnsure.org/RIDP/?account\\_type=Individual](https://auth.mnsure.org/RIDP/?account_type=Individual)

Get help from the Department of Human Services with applying or ask questions about applications:

651-297-3862 in the Twin Cities metro area

800-657-3672 toll free from outside the Twin Cities

# MNSure Marketplace

- The insurance marketplace brought about by the ACA to make insurance more accessible and affordable to those who do not have insurance through their employer
- Who can enroll now?
  - The normal annual enrollment period for 2021 private coverage has ended but you can be eligible if:
    - Income Changed
    - Lost or losing health insurance (60 day special enrollment)
    - Major life event (had a baby, turned 26, moved)
    - Member of a federally recognized American Indian tribe

***New 2021 Special COVID-19 enrollment period February 16-May 17***

- Can income-qualify for tax credits to subsidize costs

Apply here: <https://www.mnsure.org/new-customers/apply/index.jsp>

Get help by calling MNSure:

651-539-2099 Twin Cities

1-855-366-7873 Outside the Twin Cities

# Income Eligibility for Medical Assistance, MinnesotaCare, and Premium Subsidies from MNSure

People in household	Medical Assistance for adults over age 18 Monthly/annual income (up to)	Medical Assistance for children Monthly/annual income* (up to)	Medical Assistance for pregnant women Monthly/annual income (up to)	MinnesotaCare Annual income** (up to)	Tax credits for private health plans Annual income** (up to)
1	\$1,414 / \$16,970	\$2,924 / \$35,090	does not apply	\$25,520	\$51,040
2	\$1,910 / \$22,929	\$3,950 / \$47,410	\$3,993 / \$47,927	\$34,480	\$68,960
3	\$2,407 / \$28,887	\$4,977 / \$59,730	\$5,031 / \$60,381	\$43,440	\$86,880
4	\$2,903 / \$34,846	\$6,004 / \$72,050	\$6,069 / \$72,836	\$52,400	\$104,800
5	\$3,400 / \$40,804	\$7,030 / \$84,370	\$7,107 / \$85,290	\$61,360	\$122,720
6	\$3,896 / \$46,762	\$8,057 / \$96,690	\$8,145 / \$97,744	\$70,320	\$140,640
7	\$4,393 / \$52,721	\$9,084 / \$109,010	\$9,183 / \$110,199	\$79,280	\$158,560
8	\$4,889 / \$58,679	\$10,110 / \$121,330	\$10,221 / \$122,653	\$88,240	\$176,480
For each additional person add	\$496 / \$5,958	\$1,026 / \$12,320	\$1,037 / \$12,454	\$8,960	\$17,920

# Minnesota Unemployment Insurance

- Supplemental income for those who have lost their job or have had their hours cut
- Administered by the Minnesota Department of Employment and Economic Development
- Eligibility
  - Must have earned a sufficient amount of money in the most recent 52-week period
  - Be legally authorized to work in the U.S.
  - You must be unemployed or working substantially reduced hours through no fault of your own
  - Must seek suitable employment every week (and take it if it is offered)

How to apply

Online at [uimn.org](http://uimn.org)

By phone on Fridays, between 8:00 a.m. to 4:30 pm.

651-296-3644 Twin Cities

1-877-898-9090 Outside of Twin Cities

# United Way and Mental Health Resources

- If you need assistance finding food, paying housing bills or other essential services
  - Dial 2-1-1, 651-291-0211 or 1-800-543-7709 or Text 'MNCOVID' to 898211 and a Certified Community Resource Specialist will help to locate available resources in your area
- If you need free immediate mental health assistance, call at  
1-800-273-TALK (8255) or use the  
Crisis Text Line 24/7 by  
Texting MN to 741741
- Support groups and other resources at [namimn.org/support](https://namimn.org/support)

**You are not alone.**

If you are suicidal or having thoughts of hurting yourself, call **1-800-273-8255**.



**STAY SAFE MN**



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Check out our website at [www.shadac.org](http://www.shadac.org) and  
follow us on Twitter: [@shadac](https://twitter.com/shadac) !

